



Blaenavon Weekly Activities- Updated November 2024

Monday

Citizens Advice – Drop In	Blaenavon Resource Centre	Free	9.30am – 3.30pm
Yoga	Bethlehem Chapel	£3	11am-12pm
Coffee Morning	Bethlehem Chapel	Cost per item	10am-12pm
Coffee, Chat and Craft	Blaenavon Resource Centre	Free	1pm-2.30pm
Veterans Group (Every 3rd Monday)	Blaenavon Con Club	Free	3pm – 5pm
Knit and Natter	Workmen’s Hall	£3	3pm-5pm & 6pm-8pm

Tuesday

Citizens Advice – Drop In	Blaenavon Resource Centre	Free	9.30am-3.30pm
Torfaen Customer Care Team	Blaenavon Resource Centre		9.30am-4.30pm
Busy Fingers Craft Club	Victory Church	£1 Donation	10am – 12pm
Pontypool and Blaenavon Model Railway Club	Furnace Sidings, Garn Yr Erw	Membership fees apply	11am – 3pm
Take a Stroll	Blaenavon Heritage Centre	Free	12pm & 2pm
Pottery	Bethlehem Church	Donations	1.30pm – 3.30pm
Crime Reading Group (3rd Tuesday of the month)	The Lion	Free	2pm
Over 50’s Forum (1st Tuesday of the month)	King Street Chapel		2pm
Chi Chi Fit	Forgeside Community Centre	£5	6pm
Yoga	Blaenavon Active Living Centre	£5	6pm-7pm
Blaenavon Band Seniors	Band Hall		7.30pm – 9.30pm
Blaenavon Photography Club	King Street Chapel		7pm – 9pm
Blaenavon Male Voice Choir	Blaenavon Con Club		7.30pm – 9pm

Wednesday

Building Resilient Communities Gym Session	Blaenavon Active Living Centre	Free	10am-11am
History Group	Blaenavon World Heritage Centre		
The Good Grief Bereavement Group (last Wednesday of the month)	Bethlehem Chapel	Free	10am-12pm 6pm-8pm
Over 60's Exercise Group	Workmen’s Hall	Free	11am-12pm
IT/Digital Support	Blaenavon Library	Free	2pm-4pm
Blaenavon Ladies Choir	King Street Chapel		7pm – 9pm
Bingo	Blaenavon Rugby	£8	6pm
Line Dancing Class	Blaenavon Con Club	£5	6pm-7.30pm
Over 60's Pilates (Call Mark on 07880878228)	Home Studio, Llanover Road, Blaenavon	£51 for 6 weeks	6.30pm – 7.30pm
Blaenavon Ladies Choir	Bethel Chapel, King Street		7pm – 9pm



Thursday

FareShare	Bethlehem Church	Free	9.30am -11.30am
Cuppa and a Chat (once a month)	Blaenavon Library	Free	11.15am-12.15pm
Meet & Eat Community Lunch Booking required – 07855 942451	Bethlehem Church	£6	12.30pm
Food Bank & Citizens Advice Drop In	Victory Church		1pm-3pm
Aspire Social Club for Adults with Additional Needs	Victory Church	Free	3pm – 5pm
Adult Ukelele Group	Bethlehem Chapel	£3	2.30pm
Walking Rugby	Forgeside RFC Ground	Free	7pm
Blaenavon Seniors Group (twice a month)	Blaenavon Seniors Hall, Park Street		7pm - 9pm
Blaenavon Male Voice Choir	Blaenavon Con Club		7.30pm-9pm

Friday

Sgwrs a Choffi (learn or practice Welsh)	Blaenavon Heritage Centre Cafe		10am
Over 60s Chair Strength & Tone	Workemen’s Hall	Free	10am
Family History	Blaenavon Library	Free	10.30am
Befriending Film Club (Last Friday of month)	Workmen’s Hall	Free	10.30am
Over 60s Dance Class	Blaenavon Workemn’s Hall	Free	11am-12pm
Sporting Memories	Blaenavon RFC	Free	11.15am – 1.15pm
Pontypool and Blaenavon Model Railway Club	Furnace Sidings, Garn Yr Erw	Membership fees apply	7pm – 9.30pm

Please be advised that group details are subject to change. Some of the above groups are provided at a cost.

For additional details on any of the above groups, please speak to the venue or call the Community Connectors on **01495 742397** or Blaenavon Town Council on **01495 790643**.

Community Connectors -Are you feeling isolated, low in mood, lonely, lacking in confidence? Do you want to be able to get out and enjoy life and the things you used to do or want to try something new? For more information, please contact us on **01495 742397**.

The Silver Line -Call free on **0800 4 70 80 90**. The Silver Line Helpline is a free, confidential telephone service just for older people. We provide friendship, conversation and support 24 hours a day, 7 days a week.

Care & Repair Monmouthshire - Provides help and advice for homeowners and private tenants aged 60+ to enable them to remain safe, secure & independent. enquiries@crmon.org.uk **01495 745936**

Melo-Melo contains information, advice and self-help resources to look after your mental health and well-being. www.melo.cymru